#### **EVERWIN VIDHYASHRAM 2019-20**

STD: V EVS

# Our Skeletal System

- A. Label the parts of the skeletal system
- 1. Skull 1. Fore limbs
  - 2. Hind limbs

- 3. Ribs
- 4. Back bone
- 5. Pelvic gridle

2. Pectoral gridle

B. Match the type of joints correctly

Skull - Immovable joint Wrist - Gliding joint

Shoulder - Ball and Socket joint

Joint - Pivot Joint

Pg-15

A. What is fracture? Mention the treatment.

Ans: The crack or break in the bone is called fracture. Resetting the bone in place and immobilizing it in a cast or splint to give it time to heal.

- B. Research and write the information about your muscles below.
- 1. Involuntary muscles
- 2. Involuntary means done without our will
- 3. Voluntary muscles
- 4. It means a series of ridges, furrows or linear marks
- 5. It is in the front walls of the chest with the bones of upper arm and shoulder
- 6. Strongest muscles in the human body
- 7. It causes the muscle to shorten and change the angle of the joint
- 8. Smooth muscles
- 9. Human's hand (54) bones
- 10. With the tendons

## Our Nervous system

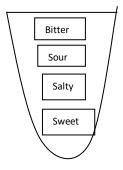
## Pg.16

- A. Label the parts of spinal cord and veretebral column
- 1. Cervical vertebrae
- 2. Thoracic vertebrae
- 3. Lumbar vertebrae
- 4. Sacrum

## B. Lable the taste areas on the human tongue

## Caring your tongue

- 1. Clean your tongue with tongue cleaner
- 2. Apply a thin layer of your tooth paste before cleaning
- 3. A saline water solution to rinse your mouth can keep your tongue clean



#### Pg.17

- A. Know your nerves
- 1. Injury to nerves can stop signals to and from the brain
- 2. Skin serves as filter for the colour red therefore it is perceived as green.
- B. Think about your skin and explore the answers.
- 1. Epidermis, Dermis, Hypodermis.
- 2. Connective Tissue, hair follicles, sweat glands.
- 3. It controls body temperature.
- 4. Begin from pores located in the skin surface.
- 5. \*Skin is your body's coat
  - \* It helps you stay warm when it's cold and cool when it's hot
  - \* Human's skin colour ranges from darkest brown to the lightest hues.